

ChillBoy Movement

Official SEL Implementation Guide

This guide provides schools and districts with a structured framework for implementing the ChillBoy Movement in alignment with Social-Emotional Learning (SEL) standards.

Implementation Overview

- The ChillBoy Movement integrates character-driven storytelling with structured reflection and behavioral skill-building.
- Programs are delivered through assemblies, workshops, or full implementation packages.
- Each format includes measurable tools and documentation support.

SEL Core Competency Alignment

- Self-Awareness: Students identify emotions, triggers, and internal responses.
- Self-Management: Students practice pause strategies and emotional regulation techniques.
- Social Awareness: Students engage in perspective-taking and empathy exercises.
- Relationship Skills: Students strengthen communication and conflict resolution habits.
- Responsible Decision-Making: Students evaluate consequences before reacting.

Step 1: Pre-Program Preparation

- Identify target grade levels and program format.
- Distribute Pre-Program Student Survey.
- Align session focus with school climate or behavioral priorities.

Step 2: Program Delivery

- Deliver assembly or workshop session.
- Facilitate guided reflection discussions.

- Use scenario-based exercises to practice response strategies.

Step 3: Reinforcement & Reflection

- Provide reflection worksheets.
- Encourage classroom follow-up discussions.
- Reinforce emotional vocabulary and leadership behaviors.

Step 4: Measurement & Reporting

- Administer Post-Program Student Survey.
- Complete Staff Observation Form.
- Use Data Summary Report Template for documentation.

Expected Outcomes

- Improved emotional regulation.
- Reduction in reactive behavior incidents.
- Strengthened leadership confidence.
- Enhanced peer accountability and school climate.

Funding & Sustainability

- Program may be supported through SEL grants, PBIS initiatives, school climate funding, or community sponsorship.

- Implementation can be scaled district-wide based on measurable outcomes.